

November 2025

# Criteria Antibiotic Smart Sweden - Preschools

Staff and children in a pre-school environment risk exposure to infections. In addition to the getting sick themselves, they could also spread of infections to friends and family and the rest of society. This also drives antibiotic use. Strengthening hygiene routines in pre-schools can prevent infections and reduce the need for antibiotic treatment. In turn, children and staff can be healthier. Preschools engaged in Antibiotic Smart Sweden are aspiring to become a “Healthier preschool” through the criteria described below.

## 1. Organization and Collaboration

### Requirement

The preschool's management encourages commitment, continuing training and education, and teaching about the spread of infection, antibiotics, and antibiotic resistance by setting aside time for all staff to become involved in the work.

The preschool's management has an established contact with the region's infection control unit and/or child health care for advice and support regarding hygiene routines, training, and outbreak management.

The preschool has appointed a person tasked with follow-up of infection prevention routines (hygiene representative).

The preschool has an appointed hygiene representative who participates in hygiene representative meetings twice a year.

## 2. Routines and Working Methods

### Hygiene Routines and Cleaning

#### Requirement

The preschool has written hygiene routines, and adherence to these guidelines is monitored regularly. The hygiene routines must include both routines in daily work (e.g., hand hygiene, use of hygiene products, diaper changing, and food handling) and stricter routines in case of an outbreak.

The preschool has visible informational material posted on the premises regarding hygiene routines.

The preschool has written cleaning routines that are monitored regularly. The cleaning routine must include both routines in daily work and routines in the event of an outbreak.

The preschool regularly carries out a self-check with a focus on hygiene and infection prevention (hygiene round).

## **Routines for Sick Children**

### **Requirement**

The preschool has written routines regarding when a child becomes ill during the preschool day.

The preschool provides written information to guardians about school policies when a child is ill.

The preschool documents the children's presence daily and informs the hygiene representative and the principal if they receive information about, or suspect, an ongoing outbreak. The principal also documents the staff's presence and monitors the risk of spread of infection.

## **3. Educational Activities**

### **Requirement**

The preschool has recurring educational activities for the children concerning health and hygiene.

The preschool participates annually in a national hygiene campaign or similar (e.g., inspiration day or week for the preschool).

The preschool involves the guardians in teaching the children how to maintain basic hygiene (e.g., washing hands and sneezing/coughing into the elbow).

## **4. Professional Development**

### **Requirement**

The preschool staff participate regularly (annually) in training sessions in basic hygiene and infection prevention.